Comments from fans of violent video games typically argue, "I've played hundreds of hours of violent video games and haven't hurt anyone!" However, this does not mean playing violent video games does not affect. Anyone who has ever felt excited, tense, or frustrated while playing a video game has been "affected" by them.

Reading the different review articles and individual studies about violent video games can seem a bit like watching a game of tennis between sets of findings and counter-findings.

Here are our recommendations for parents and carers of gamers:

- 1. Respect age restrictions R Rating is 18+ for a reason. Read more on classifications here http://www.classification.gov.au
- 2. We highly recommend that you take 30mins out of your busy day and sit with your child and play any game they want to use and decide whether or not it is appropriate.
- 3. There are many age-specific games available, starting from as young as 9yrs when in restricted mode and with parental supervision.
- 4. Set healthy boundaries on time spent gaming.
- 5. Find out at a minimum how to help your child block and report.
- 6. Remind your child not to give out any personal information online and never to meet up with anyone they meet online.....offline.

What are the alternatives? There are lots of games that are more age appropriate, but ones with precisely the elements of GTA that are kid-friendly both vary based on platform and are also hard to find.

You've got games with strictly driving mechanics (Need for Speed, Forza, Test Drive, etc.), you've got straight sandbox (Minecraft, Terraria, Roblox)

Stealing cars, prostitutes, killing people and blowing stuff up is kind of hard to work into a kid-friendly game.

The following is a list of the more popular games we see in Primary Schools and their rating:

Fortnite - Rated PG - 13yrs+

This survival-action game is what you'd get if you combined a game like Minecraft with an action shooter like Call of Duty. On the one hand, it's getting significant points with kids and parents for building teamwork and thoughtful collaboration. On the other side, it's a combat-based game with tons of guns and violence.

Apex Legends - Rated MA - 15yrs +

Touted as the new Fortnite, teams of up to three compete in matches with up to 60 players to be the last team standing. Violence is persistent and more realistic and less cartoonish than what kids have experienced in Fortnite.

Grand Theft Auto V - Rated R+ - 18yrs+

Sex, violence, and drugs: This role-playing game includes over a dozen titles and is one of the most controversial series on the market. Its stories revolve around a criminal underworld (and players are cast in the role of gang members who must commit brutal crimes to rise through the ranks.

Please see http://www.classification.gov.au/Public/Resources/Pages/Parents.aspx for more information on classifications.

If you have any questions, please get in touch: wecanhelp@safeonsocial.com



