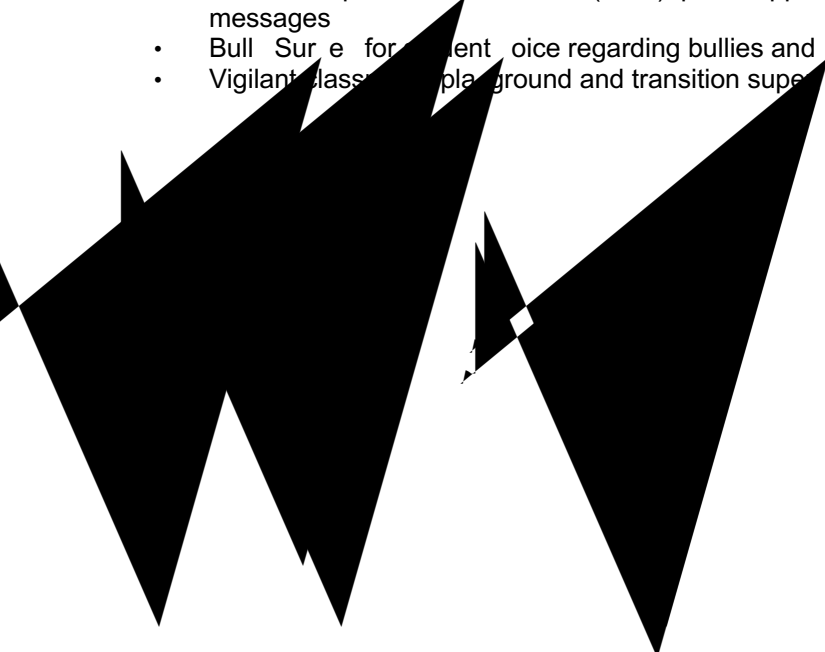


- curriculum includes anti-bullying messages and strategies, embedded in KLA's, through wellbeing programs eg. PDHPE, Religious Education and pastoral care and/or PBL lessons
 - Student Representative Council (SRC), peer support leaders promote No Put Downs and Hands Off messages
 - Bull Sur e for student voice regarding bullies and victims
 - Vigilant class playground and transition supervision.
- 

consultation with the AP and/or Counsellor will assess the situation and a decision will be made on the appropriate action to be taken and if a referral is warranted to the CSO.

5.8 Complaints handling policy

The Principal deals with formal complaints by following the procedures outlined in the [Diocesan Complaints Handling Policy](#). Parents/caregivers can contact the Catholic Schools Office, Diocese of Broken Bay if dissatisfied with the school's response.



Contact Details

Local Police	Toukle Police Station	4390 1299
	Wong Police Station	4356 6099
Beyond	1300 22 46 36	
Kids Help	1800 55 1800	
Headspace	8785 3200	



Appendix A

Evidence Based Methods for Addressing Bullying

No Blame Approach

Appendix B Responding to Bullying

If it happens to me:

- Tell the student who is bullying to stop. State quite clearly that the behaviour is against school values/rules and is offensive
- Ignore them and walk away
- Seek help. Talk about it to someone you trust
- Report it to a member of staff, a trustworthy friend or buddy. Be confident that an incident can be solved
- Talk it over with your parents/caregivers. They will help you make a decision
- Do NOT retaliate with physical or verbal abuse
- Do not let the bullying continue. Report it to your parents/caregivers and talk to a member of staff
- Write a letter of the incident and report it to a member of staff

If it happens to someone else:

- Tell the person who is being bullied to report it to a member of staff
- Be a bystander
- Encourage the person to inform someone
- Seek help. Talk about it to someone you trust
- Write a letter of the incident and place it in the class mailbox or give it to a member of staff
- Talk to your parents/caregivers

For further information, visit http://www.education.nsw.gov.au/about/programs/bull_stoppers/Pages/students.asp

Signs of distress in your child, e.g. unexplained pattern of illness, requests for extra money, damaged equipment, or unexplained absences of an cases of suspected bullying even if your child is not involved or affected. Take an active interest in your child's social life and acquaintances. Assist your child to discuss an incidence of bullying with a teacher. Encourage your child to report a problem with the situation. Your child should be treated with respect and confidence. Making the initial contact with the problem, with parental involvement. If your child is being bullied, discourage any form of retaliation. Other possible strategies the child can use include: talking to the teacher, reporting the bullying to the school, or talking to the police. Encourage your child to attend inter-school sports events. Encourage your child to work cooperatively with other students. Deal directly with the other person who is bullying your child through and if necessary, through the school. Discuss the school's expectations regarding bullying.

For further information, visit http://www.education.nsw.gov.au/about/programs/bull_stoppers/Pages/parents.asp

